



AISZ LUNCH MENU August 25th- August 29th

August 25 - 29	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Roasted Chicken "Mlinci"(Pasta Tatters) 760 kcal	Turkey Fillet & Crunchy Vegetables Wok (Carrots, Bell Peppers, Zucchini, Garlic) Noodles 700 kcal	Beef & Vegetables Goulash (Potatoes, Onion, Carrots, Celery, Garlic) 560 kcal	Chicken Curry (Chicken Fillet, Onions, Tomatoes, Garlic, Coconut Milk, Garam Masala, Ginger, Turmeric) Basmati Rice 500 kcal	Tuna and Tomato Ragu (Tuna, Onions, Garlic, Parsley, Tomato Sauce) Rigatoni 690 kcal
Main Course Vege	Spinach a la Crème (Spinach, Creme, Garlic) Mashed Potatoes Fried Egg 420 kcal	Gratinated Zucchini (Zucchini, Mozzarella) Moroccan Couscous Salad (Bell Peppers, Tomatoes, Spring Onions, Cucumbers, Radishes, Parsley, Mint) 560 kcal	Grilled Tofu & Vegetables Wok (Bell Papers, Onions, Carrots, Cabbage, Garlic) Rice Noodles 430 kcal	Vege Moussaka (Sweet Potatoes, Soy Flakes, Onions, Carrots, Green Beans) 600 kcal	Vege Sausages & Gratinated Cauliflower (Cauliflower, Eggs, Crème Fraiche, Bread Crumbs, Parsley, Garlic) 505 kcal
Dessert	Fresh Fruit	Cheesecake	Fruit Yoghurt	Fresh Fruit	Chocolate Pudding
Weekly Soups	Clear Beef Soup with Noodles 215 kcal/ Tomato Soup with Croutons 255 kcal				
Composed Salad & Bruschetta	Macaroni & Smoked Turkey Salad (Grilled Turkey Fillet, Bell Peppers, Cucumbers, Cherry Tomatoes, Spring Onion, Carrots, Corn Pasta) Mayo Dressing 520 kcal				
Chef's Choice	Turkey & Vegetables Risotto (Turkey Fillet, Carrots, Onions, Garlic, Zucchini, Bell Peppers, Green Peas, Parsley) Parmesan Cheese kcal	"Pljeskavica" Beef Patties & Vegetables Risotto (Bell Peppers, Eggplant, Zucchini, Tomato, Onions, Garlic) 680 kcal	Gratinated Chicken Fillet (Chicken Fillet, Tomatoes, Cheese) Sautéed Vegetables (Carrots, Broccoli, Cauliflower, Potatoes) 580 kcal	Grilled Pork Neck Crispy Roasted Parmesan Potatoes 708 kcal	Beef Burritos (Ground Burritos, Onions, Garlic, Black Beans, Corn, Lettuce, Tomatoes, Grated Cheddar Cheese) 590 kcal

