



AISZ LUNCH MENU February 2nd - February 6th

February 2 - 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Beef & Lentils Stew (Lentils, Carrots, Potatoes, Onions, Garlic, Red Paprika Powder) 600 kcal	Fried Chicken Fillet Sautéed Green Beans & Vegetables (Carrots, Bell Peppers, Onions, Garlic) 670 kcal	Beef Stew (Beef, Carrots, Onions, Garlic, Potatoes, Tomato Sauce, Red Paprika Powder, Bay Leaf) 580 kcal	Spaghetti Bolognese (Beef, Carrots, Onions, Celery, Garlic, Tomato Sauce) Parmesan Cheese 670 kcal	Fried Sole Fish Filet Potato Salad (Potatoes, Bell Peppers, Romaine Lettuce, Arugula) 680 kcal
Main Course Vege	Grilled Tofu & Mediterranean Style Pasta (Bell Peppers, Carrots, Onions, Garlic, Tomatoes) Tagliatelle 405 kcal	Spinach à la Crème (Spinach, Crème, Garlic) Mashed Potatoes Fried Egg 420 kcal	Red Lentil Dhal (Red Lentils, Spinach, Onions, Garlic, Turmeric, Cumin, Red Paprika Powder, Coconut Milk) Basmati Rice 470 kcal	Vege Moussaka (Sweet Potato, Soy Flakes, Onions, Carrots, Green Beans) 600 kcal	Ricotta Cheese Tortellini Garlic Crème Sauce (Crème, Garlic, Parsley) Sautéed Broccoli, Cauliflower, Carrots 510 kcal
Dessert	Fruit	Seasonal Fruit Salad (Pineapple, Oranges, Kiwi, Apples, Pears)	Fruit Yoghurt	Fruit	Jaffa Cake
Weekly Soups	Creamy Cauliflower Soup 250 kcal/ Clear Chicken Soup with Noodles 215 kcal				
Composed Salad & Bruschetta	Salmon Salad & Toasted Garlic Bread (Salmon, Avocado, Cherry Tomatoes, Onions, Quinoa, Vinaigrette Dressing) 250 kcal				
Chef's Choice	Roasted "Pečenice" Sausages (Pork & Beef Sausages) Sautéed Potatoes (Potatoes, Onions, Red Paprika Powder) Sautéed Sauerkraut (Onions, Garlic, Bay Leaf) 720 kcal	Beans & Barley Stew with Smoked Pork Neck (Pinto Beans, Pearl Barley, Onions, Garlic, Carrots, Bay Leaf) 668 kcal	Teriyaki Chicken Drumsticks & Thighs Roasted Potatoes 710 kcal	Beef Brasato (Carrots, Celery, Onions, Red Paprika Powder, Garlic) Creamy Polenta 740 kcal	Grilled Chicken Fillet in Dill Sauce (Gravy, Creme Fraiche, Dill, Garlic) Potato Croquettes 580 kcal

